PE Concepts: Ch 10 Alcohol

1. Alcohol is:
2. A depressant is:
3. Short-term effects of alcohol
4. Irritates the mouth, esophagus, throat, & stomach
5. Makes the heart work harder;
7. Causes the liver to work harder
8. Long-term effects of alcohol
9. Brain damage –
10. Heart disease -
11. Liver problems –
12. Immune system –
13. Small intestine –
14. Blood Alcohol Concentration (BAC)
15. Legal limit if over 21 yrs –
16. Legal limit if under 21 yrs –
17. Driving under the influence(DUI) –
18. Alcohol Abuse is:
19. Alcoholism is:
20. NUMBERS
21. 20% of adults lived with an alcoholic at some point in their lives
22. 5 million American children currently living with an alcoholic in the home
23. 31% of domestic violence cases alcohol is involved
24. 17.6 million Americans have problems with alcohol
25. The #1 cause of death among teenagers is: car accidents

b.

c.

d.

1. Negative effects for Teens & their futures